

Join the Scotch Plains-Fanwood School District
and The Education Enrichment Foundation of
Scotch Plains-Fanwood for a viewing of

SCREENAGERS NEXT CHAPTER

UNCOVERING SKILLS FOR STRESS RESILIENCE

Filmmaker and physician Dr. Delaney Ruston takes the conversation around screens and teens to the next level with **Screenagers NEXT CHAPTER: Uncovering Skills for Stress Resilience**—a film that examines the science behind teen’s emotional challenges, the interplay of social media, and most importantly, what can be done in our schools and homes to help them build crucial skills to navigate stress, anxiety, and depression in our digital age.

WHEN: Monday, 12/16/19 7:00PM

WHERE: Scotch Plains-Fanwood High School Auditorium
667 Westfield Rd.

TICKETS: Free! RSVP to book tickets here:
<http://bit.ly/SPFScreenagers>



screenagersmovie.com